

RATIONALE-306: Long-Term Quality-Adjusted Survival Comparison of Tislelizumab + Chemotherapy vs Placebo + Chemotherapy as First-Line Treatment for Advanced or Metastatic Esophageal Squamous Cell Carcinoma

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CONCLUSIONS

- First-line treatment with TIS + CT demonstrated clinically meaningful improvement in long-term quality-adjusted survival gains (5.2-month absolute and 29.2% relative Q-TWiST gain at 57 months in the ITT population from RATIONALE-306) compared with PBO + CT in patients with advanced or metastatic ESCC
- Gains were maintained in patients with PD-L1 TAP ≥1% and increased further in those with PD-L1 TAP ≥5%
- Across clinically relevant patient subgroups, TIS + CT consistently demonstrated clinically meaningful Q-TWiST gains vs PBO + CT
- These Q-TWiST benefits, alongside the previously reported manageable safety profile and improved or maintained HRQOL findings from RATIONALE-306, support TIS + CT as a preferred first-line option for patients with advanced or metastatic ESCC

INTRODUCTION

- In RATIONALE-306 (NCT03783442), tislelizumab (TIS) + chemotherapy (CT) showed superior survival vs placebo (PBO) + CT in advanced or metastatic esophageal squamous cell carcinoma (ESCC) regardless of positive programmed cell death 1 ligand 1 (PD-L1) status (**Table 1**)¹⁻⁴
- TIS + CT also improved or maintained health-related quality of life (HRQOL) compared with PBO + CT⁵

Table 1. Overall Survival in Patients With ESCC in RATIONALE-306

	Overall survival	
	Survival, median (95% CI), months	Hazard ratio (95% CI)
Intent to treat		
TIS + CT (n=326)	17.2 (15.8-20.1)	0.70 (0.59-0.83) ²
PBO + CT (n=323)	10.6 (9.3-12.0)	Reference
PD-L1 TAP ≥1%		
TIS + CT (n=231)	16.8 (15.3-20.8)	0.66 (0.54-0.81) ³
PBO + CT (n=250)	9.6 (8.9-11.8)	Reference
PD-L1 TAP ≥5%		
TIS + CT (n=172)	19.1 (16.1-24.1)	0.61 (0.48-0.78) ⁴
PBO + CT (n=186)	10.0 (8.6-11.9)	Reference

Abbreviations: CT, chemotherapy; ESCC, esophageal squamous cell carcinoma; PBO, placebo; PD-L1, programmed cell death 1 ligand 1; TAP, Tumor Area Positivity; TIS, tislelizumab.

- Whether the survival advantage observed with first-line TIS + CT also translates into a clinically meaningful gain in quality-adjusted survival in patients with ESCC from RATIONALE-306 remains to be established
- This post hoc analysis assessed the quality-adjusted survival benefit of first-line TIS + CT compared with PBO + CT in patients with ESCC using the quality-adjusted time without symptoms or toxicity (Q-TWiST) method

METHODS

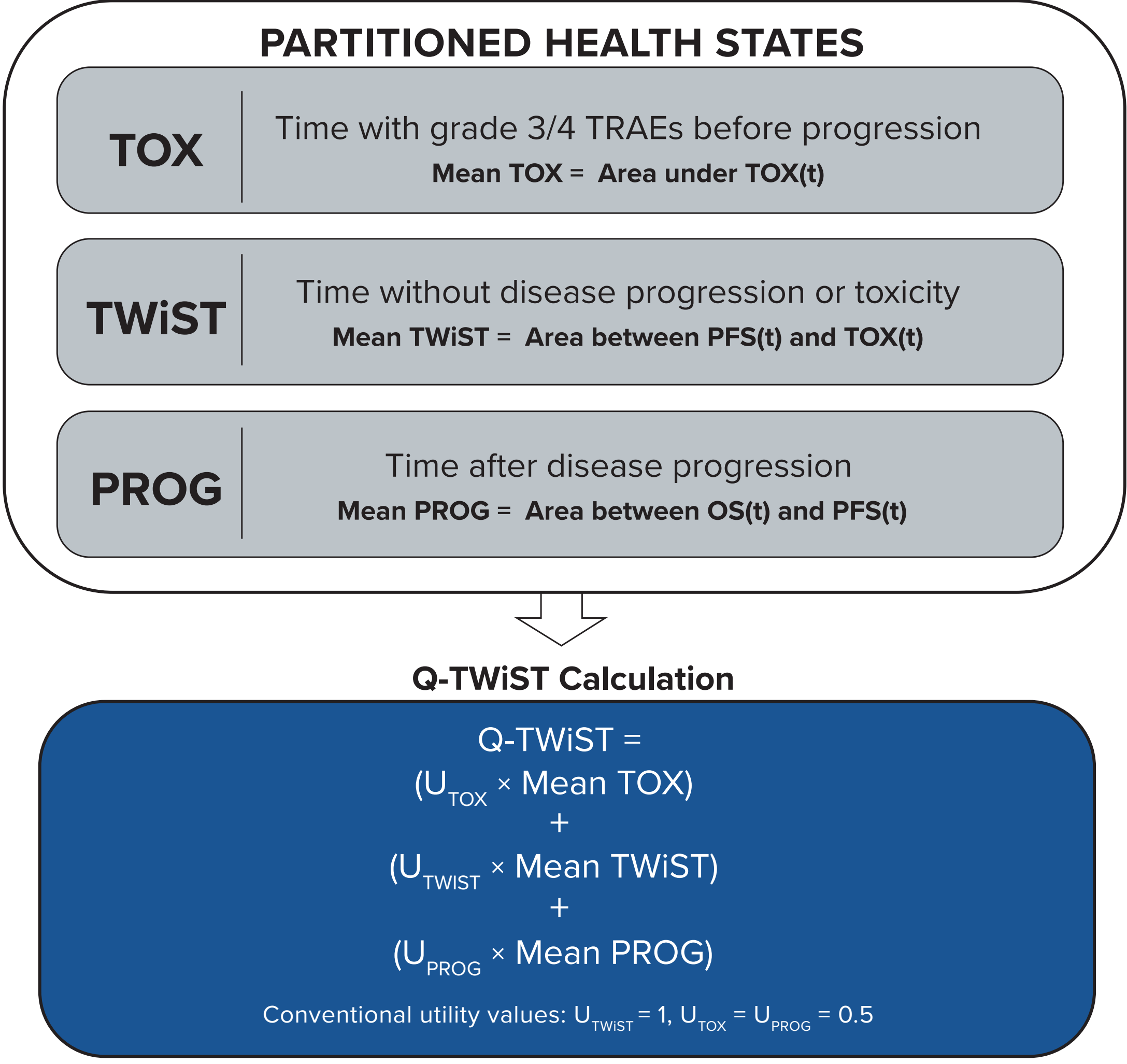
Data Source

- Long-term data were derived from the phase 3 RATIONALE-306 trial with a minimum 3-year follow-up (data cutoff: November 24, 2023)

Q-TWiST Methodology

- Q-TWiST integrates survival, toxicity, and patient-reported quality of life (QOL) into a single, clinically interpretable metric⁶
 - Q-TWiST partitions overall survival into three health states: time with grade 3/4 treatment-related adverse events before progression (TOX), time without progression or toxicity (TWiST), and time after progression (PROG) (**Figure 1**)
 - Restricted mean duration for each health state was estimated from Kaplan-Meier curves for each treatment arm
- Q-TWiST for each treatment arm was calculated as the utility-weighted sum of the three states: (U_{TOX} × TOX) + (U_{TWiST} × TWiST) + (U_{PROG} × PROG), where U represents the QOL utility weight in each respective health state
- Absolute Q-TWiST gain was defined as the difference in mean Q-TWiST between treatment arms
- Relative Q-TWiST gain was calculated as the absolute Q-TWiST gain divided by the mean overall survival in the control arm
 - Relative gains ≥15% were considered clearly clinically important based on commonly accepted thresholds^{6,7}

Figure 1. Q-TWiST Measures and Definitions



Abbreviations: OS(t), overall survival at time t; PFS(t), progression-free survival at time t; PROG, time after progression; Q-TWiST, quality-adjusted time without symptoms or toxicity; TOX, time with grade 3/4 toxicity before progression; TOX(t), toxicity at time t; TRAE, treatment-related adverse event; TWiST, time without progression or toxicity; U, utility weight.

Study Design and Statistical Analyses

- Study populations**
 - Overall RATIONALE-306 intent-to-treat (ITT) population with further stratification by:
 - PD-L1 Tumor Area Positivity (TAP) score ≥1% and
 - PD-L1 TAP score ≥5%

Base-case analysis with conventional utility weights

- Q-TWiST gains were estimated at the maximum follow-up of 57 months as well as at different follow-up time points in the ITT, PD-L1 TAP ≥1%, and PD-L1 TAP ≥5% patient populations
- Subgroup analyses assessed Q-TWiST outcomes at 57 months across clinically relevant patient subgroups examined in RATIONALE-306 within the ITT population

Sensitivity analysis

- A sensitivity analysis of Q-TWiST outcomes at 57 months was performed using patient-reported EQ-5D utility data collected in RATIONALE-306 to evaluate alternative utility-weight assumptions
 - The EQ-5D utility values were calculated separately for each treatment arm using the US mapping algorithm

RESULTS

Base-case analysis

- At the maximum 57-month follow-up, TIS + CT (n=326) demonstrated greater mean Q-TWiST than PBO + CT (n=323) (17.0 vs 11.8 months, respectively) among ITT patients, corresponding to a clearly clinically important relative gain of 29.2% (absolute gain, 5.2 months; 95% CI, 3.1-7.7; $P<.001$) (**Table 2**)
 - Clearly clinically important relative Q-TWiST gains were also observed in subgroups with PD-L1 TAP ≥1% (33.9% relative gain) and PD-L1 TAP ≥5% (41.3% relative gain) (**Table 2**)
- Q-TWiST gains increased with longer follow-up across the three study cohorts (**Figure 2**)
- Improvement in Q-TWiST observed in the TIS + CT arm across the three study cohorts was primarily driven by a longer duration in the TWiST health state and delayed progression

Table 2. Restricted Mean Time in Each Health State and Restricted Mean Q-TWiST in Patients With ESCC, Base-Case Analysis at 57 months

	Restricted mean time, months		Difference (95% CI), months	Relative gain (95% CI), %
	TIS + CT	PBO + CT		
ITT patients (TIS + CT: n=326; PBO + CT: n=323)				
TOX	4.4	2.7	1.6 (0.4 to 2.8)	
TwIST	10.6	5.5	5.0 (2.9 to 7.3)	
PROG	8.6	9.7	-1.2 (-3.6 to 1.1)	
Q-TwIST	17.0	11.8	5.2 (3.1 to 7.7); <i>P</i><.001	29.2 (16.0 to 45.7)
PD-L1 TAP ≥1% (TIS + CT: n=231; PBO + CT: n=250)				
TOX	4.6	2.5	2.1 (0.6 to 3.5)	
TwIST	11.1	5.3	5.8 (2.9 to 8.3)	
PROG	8.2	9.8	-1.6 (-4.0 to 1.3)	
Q-TwIST	17.5	11.5	6.0 (3.3 to 8.6); <i>P</i><.001	33.9 (17.1 to 53.2)
PD-L1 TAP ≥5% (TIS + CT: n=172; PBO + CT: n=186)				
TOX	4.8	2.8	2.0 (0.1 to 3.9)	
TwIST	12.8	5.3	7.4 (4.1 to 10.5)	
PROG	8.0	9.9	-1.9 (-4.9 to 1.8)	
Q-TwIST	19.2	11.7	7.5 (4.1 to 10.6); <i>P</i><.001	41.3 (21.4 to 62.8)

Abbreviations: CT, chemotherapy; ESCC, esophageal squamous cell carcinoma; ITT, intent to treat; PBO, placebo; PD-L1, programmed cell death 1 ligand 1; PROG, time after progression; Q-TWiST, quality-adjusted time without symptoms or toxicity; TAP, Tumor Area Positivity; TIS, tislelizumab; TOX, time with grade 3/4 toxicity before progression; TWiST, time without progression or toxicity.

Figure 2. Q-TWiST Gains with TIS + CT Over Follow-Up Among Patients With ESCC

(A) ITT patients

