

Associations Between ECOG Performance Status (PS) and Patient-Reported Outcomes (PROs) in Patients With Gastric or Gastroesophageal Junction (GC/GEJC) Adenocarcinoma: Post Hoc Analysis From the RATIONALE-305 Trial

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Background/Objective

- In oncology, ECOG-PS is the predominant clinician-rated tool for assessing trial eligibility and informing prognosis^{1,2}
- Misclassification of clinician-rated PS is well documented, which can preclude patients from potentially beneficial therapy or, conversely, expose them to overly aggressive treatment given their condition³⁻⁴
- PROs capture the patient's direct experience of disease- and treatment-related symptoms and are not subject to clinician interpretation or bias⁵; notably, patient-reported physical functioning is a tumor-agnostic predictor of survival and, in several studies, shown to be more predictive than ECOG-PS
- Here, we evaluated whether baseline (pre-treatment) ECOG-PS meaningfully differentiated PRO-measured symptom burden and functional impairments, irrespective of treatment arm, in patients with 1L locally advanced or metastatic GC/GEJC from the RATIONALE-305 trial

¹Azam F, et al. *Case Rep Oncol*. 2020;12(3):728-736. ²Higgins MI, et al. *Cancer*. 2021;127(3):339-341. ³Scott JM, et al. *J Clin Oncol*. 2020;1:38(25):2824-2829. ⁴Chow R, et al. *Support Care Cancer*. 2020;28(5):2071-2078. ⁵Quinten C, et al. *Lancet Oncol*. 2009;10:865-871. ⁶Mierzynska J, et al. *Lancet Oncol*. 2019;20:e685-e698. **Abbreviations:** ECOG-PS, Eastern Cooperative Oncology Group performance status; GC/GEJC, gastric cancer/gastroesophageal junction cancer; HRQoL, health-related quality of life; PRO, patient-reported outcome; PS, performance status.

Study Design

RATIONALE-305: randomized, double-blind, phase 3 trial

Key Eligibility Criteria

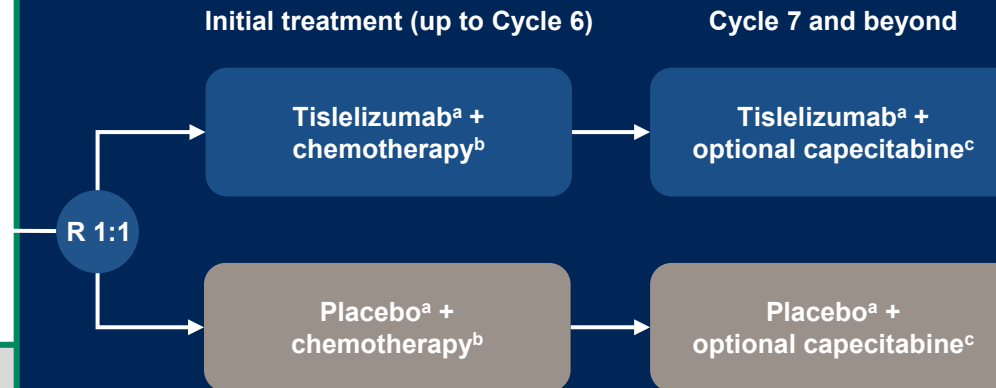
- Locally advanced unresectable or metastatic GC histologically confirmed adenocarcinoma
- No HER2-positive disease
- No prior systemic therapy for advanced disease
- At least one measurable or non-measurable lesion (RECIST v1.1)
- ECOG-PS 0 or 1

Primary endpoints:

- OS in PD-L1 score $\geq 5\%^d$ and ITT populations

Secondary endpoints:

- PROs, PFS, ORR, DoR, and safety



Statistical Considerations

- Nine hundred thirty-two randomized patients who completed baseline (pre-treatment) QLQ-C30 and QLQ-STO22 measures were analyzed according to baseline ECOG-PS (0 vs 1), with data pooled across treatment arms (tislelizumab + chemotherapy and placebo + chemotherapy)
- Profile analysis was used to examine whether ECOG-PS groups showed different patterns or overall levels across 11 PRO domains
- Logistic regression was conducted as a sensitivity analysis to identify which PRO domains were associated with ECOG-PS status (0 vs 1)
- The threshold for statistical significance was established at $P < 0.05$

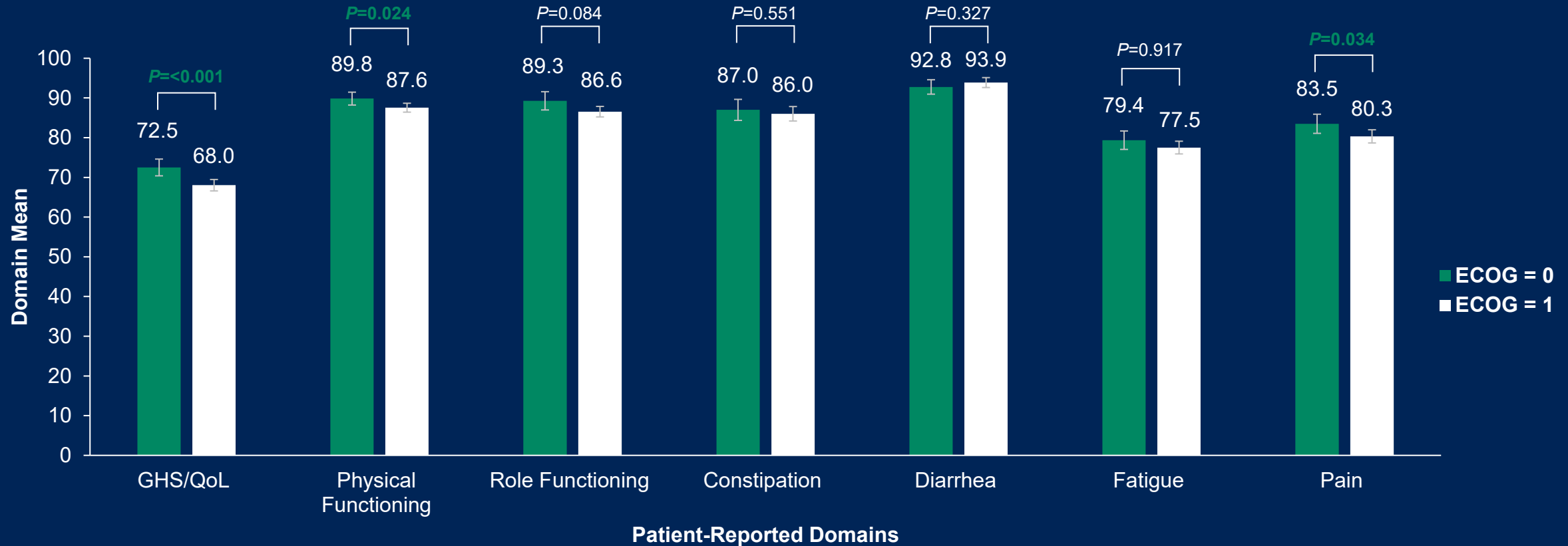
^aTislelizumab 200 mg or placebo Q3W (Day 1). ^bOxaliplatin 130 mg/m² IV (Day 1) and oral capecitabine 1000 mg/m² twice daily (14 consecutive days from Day 1) Q3W (XELOX), or cisplatin 80 mg/m² IV (Day 1) and 5-fluorouracil 800 mg/m²/day IV (Days 1-5) Q3W (FP). ^cCapecitabine as maintenance therapy was optional and only for XELOX-treated patients. ^dPD-L1 score was determined using the VENTANA PD-L1 (SP263) assay by tumor area positivity score. ECOG-PS 0 = fully active, no limitations; ECOG-PS 1 = restricted in physically strenuous activity; mild symptoms impacting activity.

Abbreviations: DoR, duration of response; ECOG PS, Eastern Cooperative Oncology Group performance status; EORTC, European Organisation for Research and Treatment of Cancer; GI, gastrointestinal; HER2, human epidermal growth factor receptor 2; ITT, intent-to-treat; IV, intravenous; ORR, objective response rate; OS, overall survival; PD-L1, programmed death-ligand 1; PFS, progression-free survival; PRO, patient-reported outcome; Q3W, once every 3 weeks; QLQ-C30, Quality of Life Questionnaire Core-30; QLQ-STO22, Quality of Life Questionnaire-Gastric Cancer Module; R, randomized; RECIST v1.1, Response Evaluation Criteria in Solid Tumors version 1.1.

Results: EORTC QLQ-C30 PRO Domains Stratified by ECOG-PS (0 vs 1)

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Patients with ECOG-PS 1 reported worse GHS/QoL, lower physical functioning, and greater pain compared with those with ECOG-PS 0

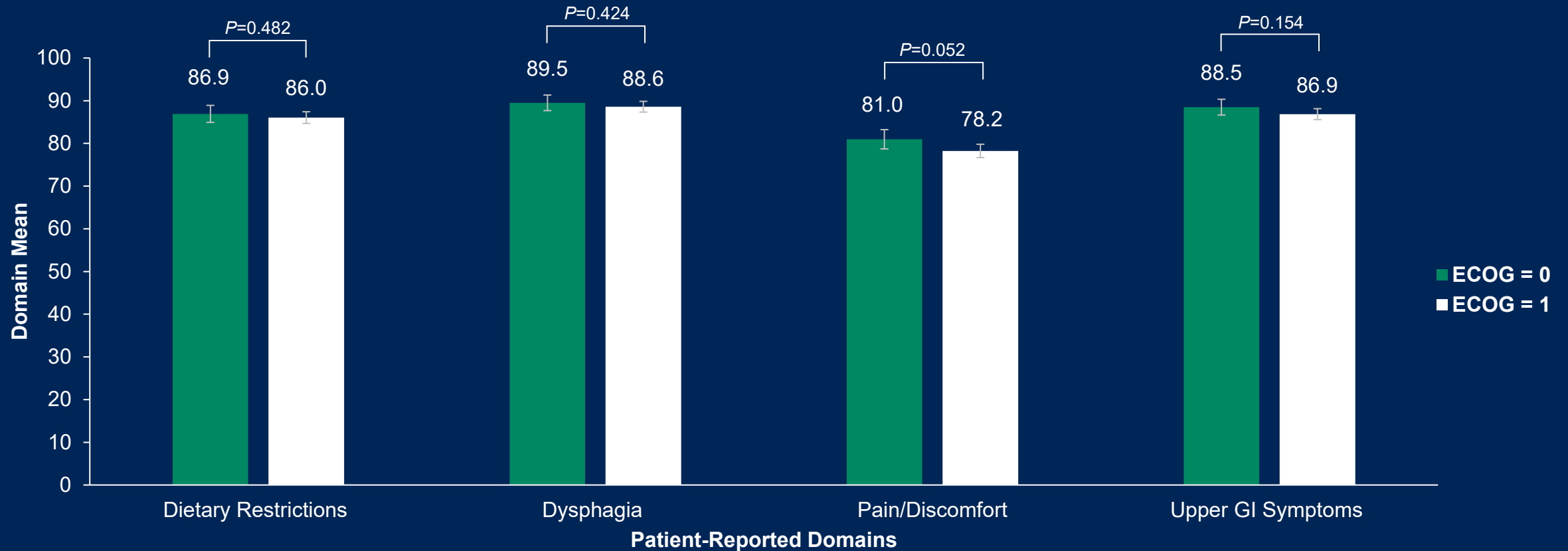


Data cut-off: February 28, 2023. A one-way multivariate analysis of variance (MANOVA) using Wilks' lambda was used to test for overall ECOG-PS group mean differences (0 vs 1). Domain-level t-test was used to explore which specific PRO domains were significantly different between ECOG-PS groups (0 vs 1). Note: Symptom domains (constipation, diarrhea, fatigue, pain, and dietary restrictions) were recoded to align their valence with the other variables. Abbreviations: ECOG-PS, Eastern Cooperative Oncology Group performance status; EORTC, European Organisation for Research and Treatment of Cancer; GHS/QoL, global health status/quality of life; PRO, patient-reported outcome; QLQ-C30, Quality of Life Questionnaire Core-30; RECIST v1.1, Response Evaluation Criteria in Solid Tumors version 1.1.

Results: EORTC QLQ-STO22 PRO Domains Stratified by ECOG-PS (0 vs 1)

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No differences were observed for QLQ-STO22 GC-specific symptom domains, suggesting that ECOG may not fully capture GC-specific symptom burden at baseline



Data cut-off: February 28, 2023. A one-way multivariate analysis of variance (MANOVA) using Wilks' lambda was used to test for overall ECOG-PS group mean differences (0 vs 1). Domain-level t-test was used to explore which specific PRO domains were significantly different between ECOG-PS groups (0 vs 1). Note: Symptomatic variables (dietary restrictions, dysphagia, pain/discomfort, and upper GI symptoms) were recoded to align their valence with the other variables. Abbreviations: ECOG PS, Eastern Cooperative Oncology Group performance status; EORTC, European Organisation for Research and Treatment of Cancer; GHS/QoL, global health status/quality of life; GI, gastrointestinal; PRO, patient-reported outcome; QLQ-STO22, Quality of Life Questionnaire-Gastric Cancer Module; RECIST v1.1, Response Evaluation Criteria in Solid Tumors version 1.1.

Results: Predictors of ECOG-PS (0 vs 1) Stratified by PRO Domain

The odds of reporting better GHS/QoL, physical functioning, and pain scores were lower for ECOG-PS group 1 vs ECOG-PS group 0

EORTC Measure	Odds Ratio (95% CI)	Odds Ratio (95% CI)	P Value
EORTC QLQ-C30			
GHS/QoL	0.99 (0.98, 0.99)	0.99 (0.98, 0.99)	<0.001
Physical functioning	0.99 (0.98, 1.00)	0.99 (0.98, 1.00)	0.0245
Role functioning	0.99 (0.99, 1.00)	0.99 (0.99, 1.00)	0.0845
Constipation	1.00 (0.99, 1.00)	1.00 (0.99, 1.00)	0.5509
Diarrhea	1.00 (1.00, 1.01)	1.00 (1.00, 1.01)	0.3273
Fatigue	1.00 (0.99, 1.00)	1.00 (0.99, 1.00)	0.1967
Pain	0.99 (0.99, 1.00)	0.99 (0.99, 1.00)	0.0343
EORTC QLQ-STO22			
Dietary restrictions	1.00 (0.99, 1.01)	1.00 (0.99, 1.01)	0.4243
Dysphagia	1.00 (0.99, 1.01)	1.00 (0.99, 1.01)	0.4812
Pain/discomfort	0.99 (0.99, 1.00)	0.99 (0.99, 1.00)	0.0527
Upper GI symptoms	0.99 (0.98, 1.00)	0.99 (0.98, 1.00)	0.1551

0.5 1 1.5
 Favors ECOG 0 Favors ECOG 1

Data cut-off: February 28, 2023. Logistic regression analysis was conducted as a sensitivity analysis to identify which PRO domains were associated with ECOG-PS status (1 vs 0). Note: Symptomatic variables (constipation, diarrhea, fatigue, pain, dietary restrictions, dysphagia, and upper GI symptoms) were recoded to align their valence with the other variables: OR<1 = worse outcomes (ECOG 1 patients less likely to report better PROs); OR>1 = better outcomes (ECOG 1 patients more likely to report better PROs). **Abbreviations:** ECOG PS, Eastern Cooperative Oncology Group performance status; EORTC, European Organisation for Research and Treatment of Cancer; GHS/QoL, global health status/quality of life; GI, gastrointestinal; OR, odds ratio; PRO, patient-reported outcome; QLQ-C30, Quality of Life Questionnaire Core-30; QLQ-STO22, Quality of Life Questionnaire-Gastric Cancer Module.

Conclusions

- Our findings indicate that ECOG-PS captures only part of the patient experience:
 - Among patients with 1L GC/GEJC, those with baseline ECOG-PS 1 reported significantly worse GHS/QoL, physical functioning, and pain than those with ECOG-PS 0, irrespective of treatment arm
 - Multivariable regression analyses confirmed a lower probability of achieving better PRO scores for patients with ECOG-PS 1 compared with ECOG-PS 0
- These results suggest that integrating baseline PROs into eligibility and/or stratification criteria may improve risk stratification, support more patient-centered trial design, and foster more meaningful patient–clinician dialogue at treatment initiation
- On going work in RATIONALE-305 is assessing the extent to which ECOG-PS meaningfully differentiates PRO trajectories over time and by treatment, to further inform how ECOG-PS and PROs can be jointly leveraged in advanced GC/GEJC

Abbreviations: ECOG-PS, Eastern Cooperative Oncology Group performance status; GHS/QoL, global health status/quality of life; PRO, patient-reported outcome.

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