# Programmed Cell Death Protein-(Ligand) 1 Inhibitors for Treatment of Locally Advanced or Metastatic Non-Small Cell Lung Cancer in Asian and Non-Asian Patients: A Meta-Analysis

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# CONCLUSIONS

- Data from this meta-analysis of randomised phase 3 clinical studies support the global use of programmed cell death protein-(ligand) 1 (PD-[L]1) inhibitors as first-line (1L) monotherapy or combination therapy and second-line/later (2L/2L+) monotherapy in Asian and non-Asian patients with unresectable, locally advanced or metastatic non-small cell lung cancer (NSCLC)
- The consistency in clinical benefit shown in this meta-analysis is important when considering the use of drugs that were initially developed in an Asian population, such as tislelizumab, in a wider population, or for global regulatory and reimbursement submissions

# INTRODUCTION

- Lung cancer is the leading cause of cancer mortality worldwide, with 1.1 million deaths in Asia vs ~0.5 million deaths in Europe and North America combined in 2022<sup>1</sup>
- Treatment for metastatic NSCLC depends on PD-(L)1 tumour cell (TC) expression and/or clinically relevant oncogene translocations. PD-(L)1 inhibitor monotherapy or combination therapy with platinum-based chemotherapy or cytotoxic T lymphocyte-associated protein 4 (CTLA-4) inhibitors are 1L options, and PD-(L)1 inhibitor monotherapy is a 2L option<sup>2-4</sup>
- Survival data for metastatic NSCLC in Asian vs non-Asian populations are limited<sup>5</sup>
- We assessed the efficacy and safety of PD-(L)1 inhibitor monotherapy or combination therapy in Asian and non-Asian patients with unresectable, locally advanced or metastatic **NSCLC**

# **METHODS**

- A systematic literature review and meta-analysis were conducted in accordance with published guidance<sup>6-8</sup> from January 1, 2010, to October 25, 2024
- Literature searches were performed primarily using the Ovid SP® platform

# Selection

- Patients aged ≥18 years with unresectable, locally advanced or metastatic squamous/ nonsquamous NSCLC who received 1L or 2L/2L+ PD-(L)1 inhibitor monotherapy or combination therapy (with platinum-based chemotherapy or CTLA-4 inhibitors) were included; comparators included chemotherapy or placebo
- Randomised, phase 3, controlled studies that included subgroup analyses for Asian patients by ethnicity or region were selected
- Only the intent-to-treat populations or PD-L1 subgroups were included; patients were excluded if they were not suitable for chemotherapy or had positive EGFR mutations or **ALK** translocations

#### **Extraction**

- Data were extracted using DistillerSR<sup>©</sup> literature review software and Microsoft Excel<sup>®</sup> • Quality was evaluated using the Cochrane Risk of Bias tool (RoB 2.0),9 and publication
- bias was evaluated using a funnel plot and Begg's test

# Outcomes

- Overall survival (OS) and progression-free survival (PFS) hazard ratios (HRs) were extracted using random effects models based on line of therapy, PD-(L)1 inhibitor monotherapy or combination therapy, and high PD-L1 TC expression (≥50%)
- Safety outcomes were described if reported

# RESULTS

# **Study Population**

- Twenty-one 1L and 10 2L/2L+ phase 3 studies were included; 10,233 patients received PD-(L)1 inhibitors as 1L (63%) and 2L/2L+ (37%) therapy, and 8498 patients received comparator as 1L (65%) and 2L/2L+ (35%) therapy. Most studies showed low risk of bias
- Asian patients ranged from 2% to 100% (1L) and from 3% to 100% (2L/2L+); nine 1L studies and one 2L/2L+ study enrolled only Asian (China) patients
- Most studies enrolled males (52%-94%), smoking prevalence was high (62%-100%), and baseline Eastern Cooperative Oncology Group performance score was ≥1 in 56%-90% of patients

# **RESULTS (CONT.)**

### 1L PD-(L)1 Inhibitor Combinations

- Beneficial and comparable effect on **OS** for Asian (HR=0.70; 95% confidence interval [CI]: 0.63, 0.76) and non-Asian (HR=0.70; 95% CI: 0.62, 0.79) patients treated with 1L PD-(L)1 inhibitor combination therapy (**Figure 1**)
- Similar effects on PFS observed for Asian (HR=0.53; 95% CI: 0.47, 0.60) and non-Asian (HR=0.60; 95% CI: 0.53, 0.68) patients (**Figure 2**)

#### 2L/2L+ PD-(L)1 Inhibitor Monotherapy

- Beneficial and comparable effect on **OS** with 2L/2L+ PD-(L)1 inhibitor monotherapy in Asian (HR=0.73; 95% CI: 0.64, 0.83) and non-Asian (HR=0.71; 95% CI: 0.64, 0.78) patients
- Greater effect on **PFS** for Asian (HR=0.57; 95% CI: 0.49, 0.67) than non-Asian (HR=0.73; 95% CI: 0.56, 0.95) patients (**Figure 4**); this may be due to differences in regional treatment patterns, additional maintenance therapy, prior treatment, or prior surgery

#### 1L PD-(L)1 Inhibitor Monotherapy or Combination Therapy by PD-(L)1 Status

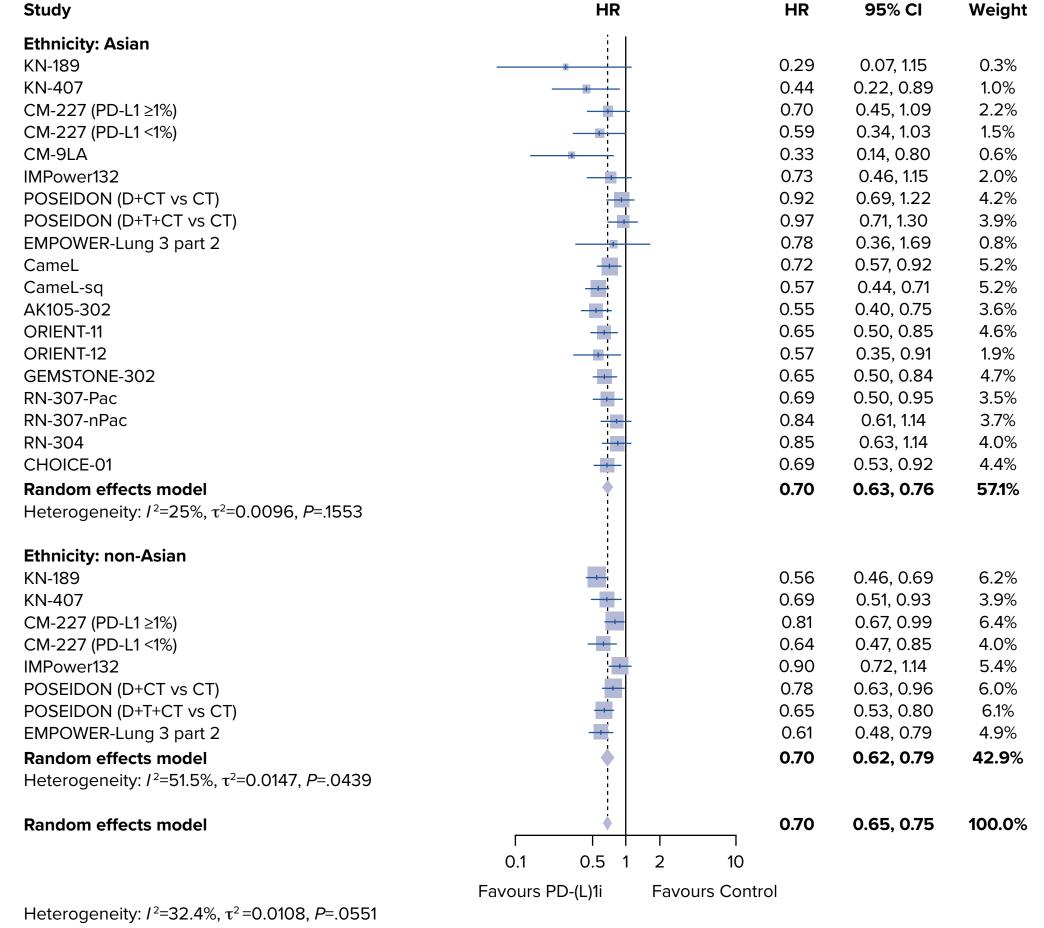
- Highly efficacious treatment effect on OS in Asian (HR=0.50; 95% CI: 0.39, 0.64) and non-Asian (HR=0.64; 95% CI: 0.55, 0.76) patients with high PD-(L)1 TC expression (Figure 5)
- Slightly greater magnitude of effect on **PFS** in Asian (HR=0.38; 95% CI: 0.32, 0.44) than non-Asian (HR=0.46; 95% CI: 0.37, 0.56) patients; heterogeneity was moderate in the non-Asian analysis, which may reflect fewer studies included (Figure 6)

- Data were obtained from six 1L and two 2L/2L+ PD-(L)1 inhibitor studies
- Trend towards higher rates of grade 3-5 treatment-related adverse events in Asian than non-Asian subpopulations in 6 of 8 studies, eg, KEYNOTE-407: 82% China, 57% overall; CheckMate 227: 55% Japan, 33% overall; IMPower132: 73% Japan, 65% China, 58% overall

# Limitations

- Several limitations inherent with meta-analysis design
- Lack of data for some subgroups, including biomarkers and genetic profiles
- Outcomes impacted by variations in patient numbers, follow-up time, and regional adverse event reporting practices

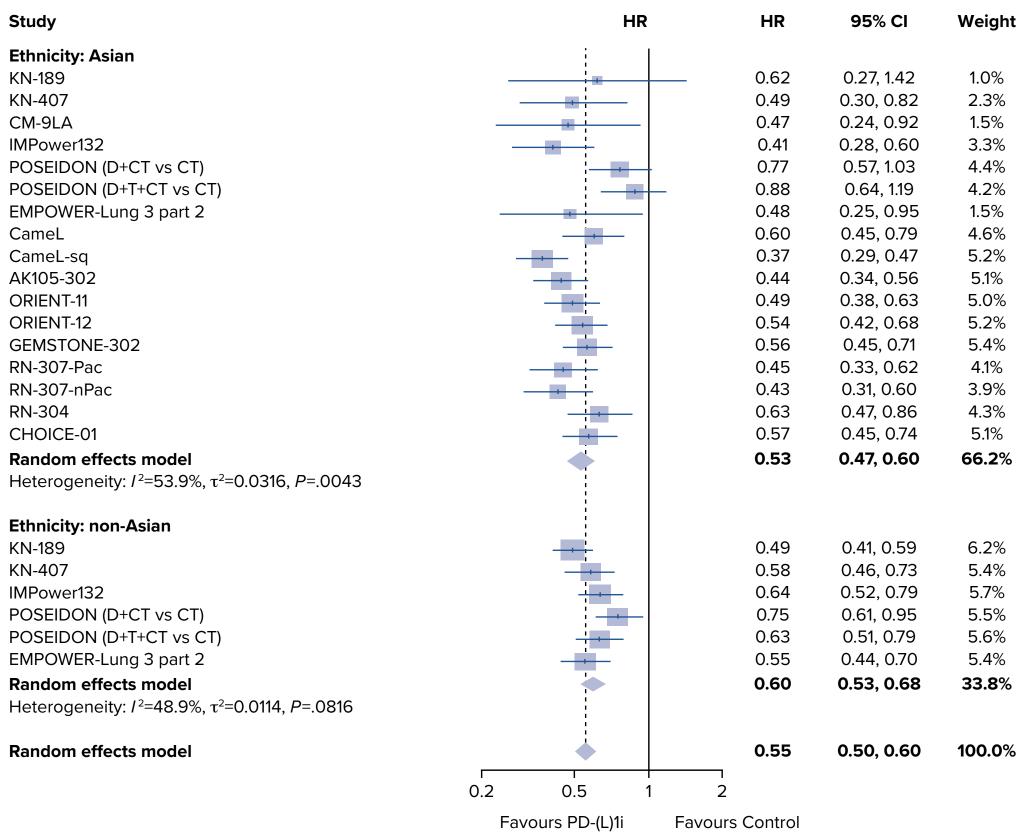
### Figure 1. OS for Asian and Non-Asian Patients With NSCLC Treated With 1L PD-(L)1 **Inhibitor Combination Therapy**



Test for subgroup differences:  $\chi_4^2$ =0.01, df=1, P=.9344

Abbreviations: CM, CheckMate; CT, chemotherapy; D, durvalumab; KN, KEYNOTE; PD-(L)1i, programmed cell death protein-(ligand) 1 inhibitor; RN, RATIONALE; T, tremelimumab.

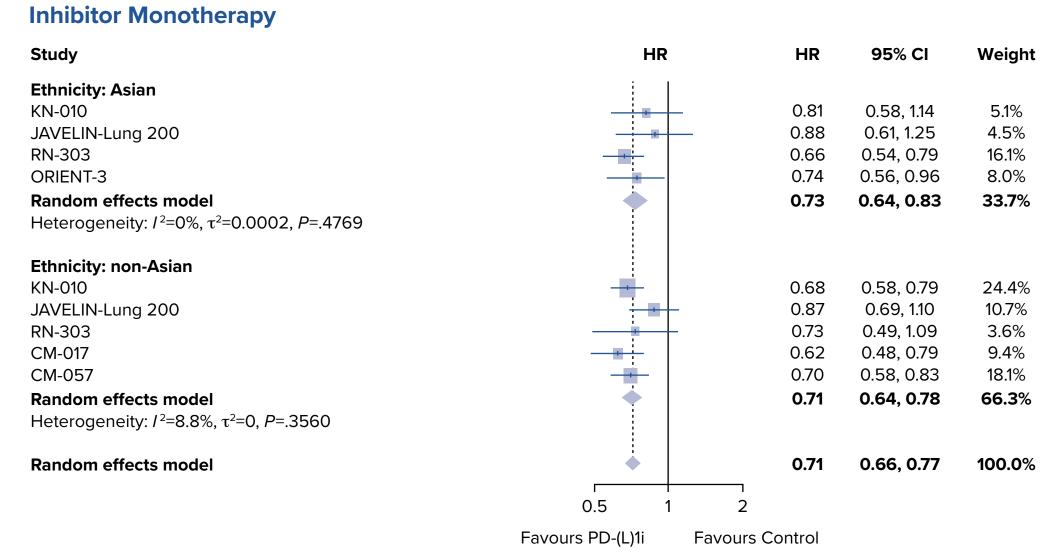
### Figure 2. PFS for Asian and Non-Asian Patients With NSCLC Treated With 1L PD-(L)1 **Inhibitor Combination Therapy**



Heterogeneity:  $I^2=54.7\%$ ,  $\tau^2=0.0254$ , P=.0009

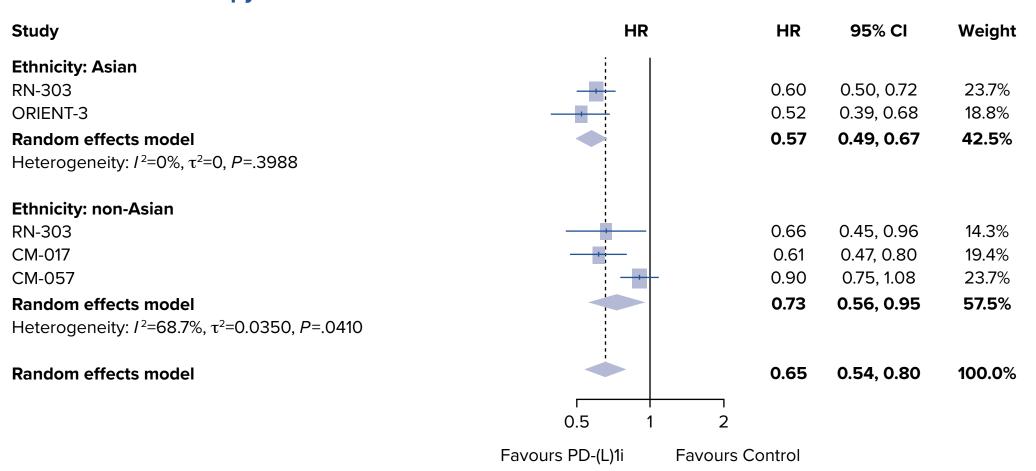
Test for subgroup differences:  $\chi_1^2$ =1.99, df=1, P=.1585

# Figure 3. OS for Asian and Non-Asian Patients With NSCLC Treated With 2L/2L+ PD-(L)1



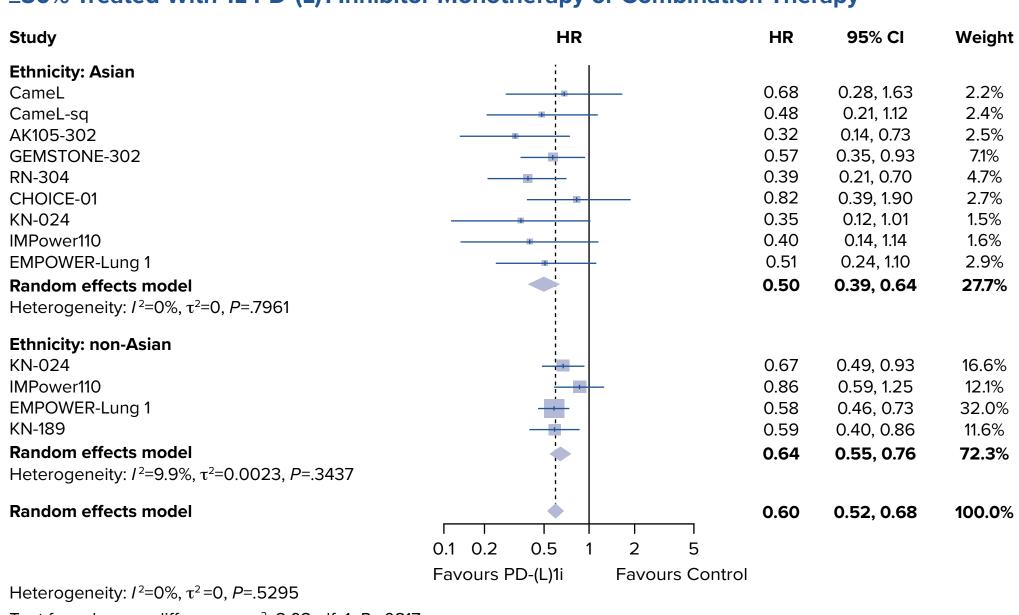
Heterogeneity:  $I^2=0\%$ ,  $\tau^2=0$ , P=.5369Test for subgroup differences:  $\chi^2_1$ =0.12, df=1, P=.7271

# Figure 4. PFS for Asian and Non-Asian Patients With NSCLC Treated With 2L/2L+ PD-(L)1 **Inhibitor Monotherapy**



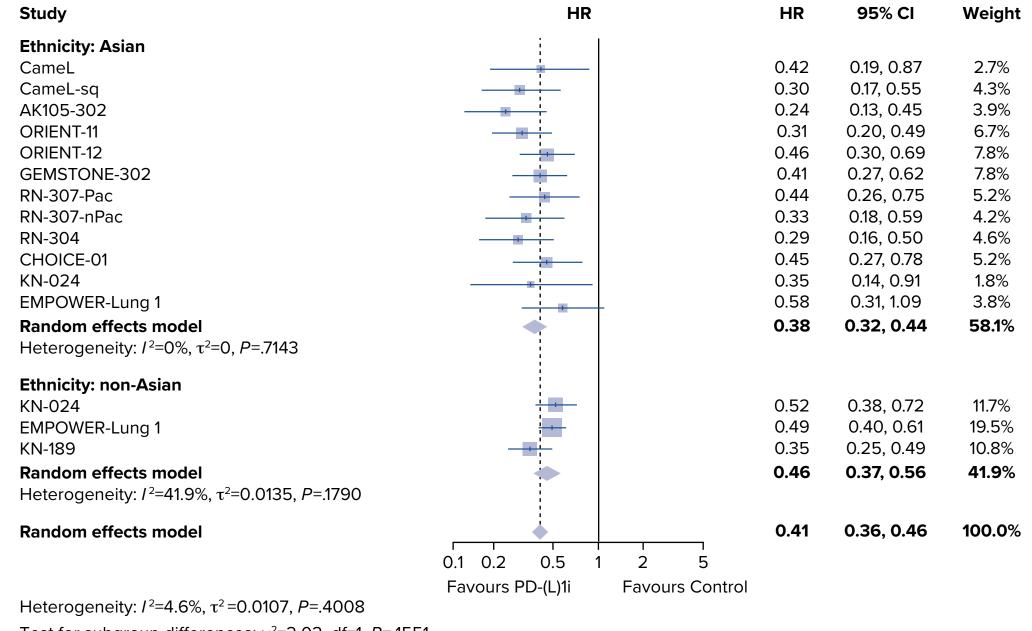
Heterogeneity:  $I^2=73.5\%$ ,  $\tau^2=0.0349$ , P=.0045Test for subgroup differences:  $\chi_1^2$ =2.39, df=1, P=.1221

Figure 5. OS for Asian and Non-Asian Patients With NSCLC and PD-L1 TC Expression ≥50% Treated With 1L PD-(L)1 Inhibitor Monotherapy or Combination Therapy



Test for subgroup differences:  $\chi_1^2$ =3.03, df=1, P=.0817

#### Figure 6. PFS for Asian and Non-Asian Patients With NSCLC and PD-L1 TC Expression ≥50% Treated With 1L PD-(L)1 Inhibitor Monotherapy or Combination Therapy



Test for subgroup differences:  $\chi_1^2$ =2.02, df=1, P=.1551

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