

Three-year follow-up of treatment-naïve and previously treated patients with Waldenström macroglobulinemia (WM) receiving single-agent zanubrutinib.

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Background:

Inhibitors of Bruton tyrosine kinase (BTK) have established therapeutic activity in patients with WM. Zanubrutinib, a potent and selective BTK inhibitor was evaluated in a phase 1/2 study in treatment-naïve (TN) and relapsed/refractory (R/R) patients with WM.

Methods:

Patients had TN or R/R WM and required treatment as per International Workshop on WM (IWM) criteria. Treatment consisted of oral zanubrutinib at 160 mg twice daily (n = 50) or 320 mg once daily (n = 23) until disease progression or unacceptable toxicity. Efficacy endpoints included the proportion of patients achieving a complete response (CR) or very good partial response (VGPR) in accordance with IWM-6 criteria. Efficacy analyses were conducted on the 73 patients evaluable (24 TN, 49 R/R).

Results:

Between September 2014 and August 2018, 77 patients with WM (24 TN and 53 R/R) began treatment with zanubrutinib (55% aged > 65 years; 21% aged > 75 years). At a median follow up of 32.7 months, 73% remain on treatment. Reasons for treatment discontinuation included adverse events (AE) in 13% (only one related), disease progression (10.4%), and other (3.9%). Results are presented for TN and R/R combined. The overall response rate was 96% and VGPR/CR rate was 45%. The rates of VGPR/CR increased over time; 22% at 6 mos, 33% at 12 months and 45% at 24 months. Three-year progression-free survival (PFS) was 81%, and overall survival (OS) was 85%. The most commonly reported AEs were upper respiratory tract infection (52%), contusion (33%, all grade 1) and cough (22%). AEs of interest include neutropenia (18.2%), major hemorrhage (4%), atrial fibrillation/flutter (5%), and grade 3 diarrhea (3%).

Conclusions:

Long-term follow up with continued zanubrutinib treatment demonstrated deep and durable responses in the majority of WM patients. The rates of VGPR/CR increased with prolonged therapy. Disease progression was uncommon. The safety profile of long-term zanubrutinib therapy in these patients was tolerable. Clinical trial information: [NCT02343120](https://clinicaltrials.gov/ct2/show/study/NCT02343120).

Efficacy and safety outcomes.

Assessment	TN WM (n = 24), %	R/R WM (n = 53), %	Total (n = 77), %
VGPR/CR rate	33.3	51.0	45.2
36-mo PFS	91.5	76.2	80.5
Assessment	TN WM (n = 24), %	R/R WM (n = 53), %	Total (n = 77), %
36-mo OS	100.0	80.2	84.8
AEs leading to discontinuation	12.5	13.2	13.0
≥Grade 3 AEs	45.8	64.2	58.4
Grade 5 AEs	0	9.4	6.5
Atrial fibrillation/ flutter	4.2	5.7	5.2
Major hemorrhage	8.3	1.9	3.9
≥Grade 3 infections	8.3	35.9	27.3

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